



#### Ingredients:

Fennel, rhizomes, ginger, Casara sgrada bark, rhubarb, Senna, cayenne and Anise of Aniseed.

## Herbal Colon Cleanse

LeNaturel's Herbal Colon Cleanse product does the following:

To assist in good weight management use of a colon cleanse can improve your weight management product. Without a clean colon the speed of your weight loss can be impaired.

The different ingredients have been designed to work to their fullest:

**Fennel** has a long history of herbal use and is a commonly used household remedy, being useful in the treatment of a variety of complaints, especially those of the digestive system.

The rhizomes (underground stem) and stems of **ginger** have assumed significant roles in Chinese, Japanese and Indian medicine since the 1500s. The oleoresin of ginger is often contained in digestive, antitussive, antiflatulent, laxative, and antacid compounds.

**Cascara sagrada** bark is used for constipation where a stimulant laxative is required. It is also used for colitis, digestive complaints, hemorrhoids, liver problems, and jaundice. It was used by various Native American Indian Tribes, who also passed their "sacred bark" on to Spanish explorers.

**Bayberry** is a fruit rich in Vitamin C and has been used in treating certain vitamin deficiencies. The root bark has been use to treat dirrhea, dysentery, and jaundice.

**Rhubarb** China Rhubarb was a botanical laxative with a long and distinguished history. Used as medicine since ancient times in China, the roots and rhizomes of rheum arrived in the West in the second century BC. By the time of Lewis and Clark, medicinal rhubarb was viewed as "a mild cathartic, which operates without violence or irritation. Besides its purgative quality, it is celebrated for an astringent one, by which it strengthens the tone of the stomach and intestines, proves useful in diarrhea.

**Senna** is a certain, manageable, and convenient cathartic, very useful in all forms of febrile diseases in which a laxative action is desired, particularly in the forming stage of *bilious and other fevers*, especially in children, and in other diseases where a severe impression on the bowels is not desired. Constipation does not follow its employment.

The potent, hot fruit of **cayenne** has been used as medicine for centuries. It was considered helpful by herbalists for various conditions of the gastrointestinal tract, including stomach aches, cramping pains, and gas. Cayenne was frequently used to treat diseases of the circulatory system. It is still traditionally used in herbal medicine as a circulatory tonic (a substance believed to improve circulation). Rubbed on the skin, cayenne is a traditional, as well as modern, remedy for rheumatic pains and arthritis due to what is termed a counterirritant effect. A counterirritant is something that causes irritation to a tissue to which it is applied, thus distracting from the original irritation (such as joint pain in the case of arthritis).

Anise of Aniseed has been used for centuries is best known for its flavoring in cooking, it is a wonderful herb to both prevent and treat gas cramping in the digestive tract. Because of its soothing properties, Anise is useful for nausea, belching, colic and bloating. Anise helps to increase the heat of the body enabling the immune system to fight off infections.

With the proper balance of these ingredients you will be able to safely clean you colon with the least amount of irritation. This is a product that could be used along with the weight loss products or just on its own to clean your colon. The American diet is so lack in roughage that we have toxic fat and other toxins that used to be removed by roughage in our diets now impacted on our colon walls.

Serving size: 1 Capsule

Servings per Container: 100

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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